

# Ravi Singh Bio



With 40+ years teaching experience, this internationally celebrated New York / LA Teacher remains fresh in his quest to keep innovating with new methods, approaches, depth and insight. Ravi (with Ana Brett) is author of 25 best-selling yoga DVD's and a new book: **The Kundalini Yoga Book - Life in the Vast Lane**. Students travel from all over the world to attend his workshops and Teacher Trainings. His clients have included Olympic Athletes, celebrities (Madonna, Gwyneth Paltrow, Sting, Red Hot Chili Peppers, Carrie Ann Moss, et al), top money managers, and people from all venues of life. He has taught at Yoga Journal Conferences, The OM Yoga Show in London, The Midwest Yoga Conference, The Sedona Yoga Conference, The Toronto Yoga Conference, The Aspen Music Festival, The Consciousness Festival in Istanbul and many others.



He's been featured in Yoga Journal, Om Yoga Magazine, Yoga Magazine, Star, Self, Vogue, People, and many more. Ravi and Ana offer a 200/500 hr. Yoga Alliance Teacher Training program. They publish a monthly e-newsletter with 30,000 recipients. Their approach is powerful, inspiring, moving, and soulful. Ravi's classes have been called life changing and life saving. In a very down to earth way, Ravi inspires students to access their inner vitality to shine, prosper, and excel in every area of their lives.

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